### **ACTIVE BALI: HIKES, BIKES, AND WATER SPORTS**

8D/7N - Start from \$1,990 per person

#### **TRIP OVERVIEW**

Locations : Canggu I Benoa Bay I Uluwatu I Bedugul I Munduk I Seminyak I

Nusa Penida I Ubud I Kintamani I Candidasa, Bali

Activities : Adventure, nature, leisure, sight-seeing, water sports, & family vacation

Duration : 8 Days 7 Nights

Price : Start from \$1,990 per person

Travel Types : Active & Adventurous

### **HIGHLIGHTS**

Let's play and have fun on a tour that challenges your adventure soul! Either with your spouse or a group of friends, this Active Bali tour will be hyped with hikes, bikes, and water sports. For eight days, fun activities, Instagram-able spots, unique restaurants, and the coolest place in Bali right now will be your loyal companies.

Your early days here started at Canggu. Known as new hotspot in Bali, Canggu is the best places where you can eat, relax, beach, surf, and repeat! Then, visiting Sanur or Benoa Bay where many water sports will be your entire activities – surfing, jet skiing, kite surfing, flyboard lesson, and still many others! The bike parts of this tour take you to 'the beaten path' by a fantastic bike ride through farms, lush vegetation, neighborhoods, and rice fields from Kintamani to Ubud. Meanwhile, the hike part will be a sunrise ascent of Bali's most famous active volcano, Mount Batur, as well as trekking to North Bali's magical waterfalls – Sekumpul and Banyumala Waterfall with 2 meters of depth and 20 meters of diameters makes it perfect for you to swim and dip in!

Indeed, they are all just small parts of this exciting tour as here you will also explore the hidden gem of Nusa Penida to spot Manta Rays cruise to the coast of Angel Billabong, snorkel over crystal water at Crystal Bay, and trek to T-Rex cliff at Kelingking Beach. A picturesque vista of the twin lake Buyan and Tamblingan, as well as the most scenic and popular rice fields in Bali – Jatiluwih and Tegallalang, will cover your Instagram feeds with incredible pictures of Bali's natures and highlights. Then, it hasn't been enough as this Active Bali will make your adrenaline rush by an exhilarating swing that soars over a dense jungle of palm trees and take you to ancient temples of

Lempuyang Luhur that renowned for its 'gate to heaven,' Besakih as the mother temple of Bali, and spot active monkey at Sacred Monkey Forest Sanctuary.

#### **ITINERARY**

#### DAY 1: ARRIVAL DENPASAR - CANGGU

Welcome to the capital city of Bali! After arriving at Ngurah Rai International Airport in Denpasar, our local guide will meet you and transfer you to Canggu. Known as new hotspot in Bali, Canggu is the best places where you can eat, relax, beach, surf, and repeat! After check-in to the hotel, spend the rest of the day at your leisure.

Meals included: no meals included on this day

#### DAY 2: CANGGU - BENOA BAY - ULUWATU

Your adventure with spouse or best friends begins with the beach experience as we will take you to Sanur or Benoa Bay that renowned for its water sports heaven. Here your will have an opportunity to learn surfing or try something new like a flyboard or kite surfing with certified instructors. Then, continue with the banana boat, jet skiing, parasailing, sea walking, flying fishing, or turtle glass bottom boat. After a half day of fun beach activities, this tour will take you to the best beach and cliff clubs in Uluwatu to savor an excellent lunch while enjoying the idyllic view of the ocean. Then, set off to Uluwatu temple where you can relish the panoramic cliff and watch Kecak 'Fire Dance' performance. The Kecak Fire Dance is one of Bali's most iconic art performances, renowned for its dominant use of human vocals in place of gamelan instruments to accompany the dance-drama at its core.

Meals included: Breakfast, Lunch, and Dinner

#### **DAY 3: CANGGU - BEDUGUL - MUNDUK**

After breakfast, a scenic drive will take you to Jatiluwih - a UNESCO World Heritage Site. You will explore the outstanding Jatiluwih Rice Terraces which has officially become a UNESCO World Heritage Site since 2012 on an electronic bike while learning about the unique subak irrigation system. Then, you will visit the "floating" temple - Ulun Danu Beratan, which surrounded by the second largest lake in Bali, Beratan Lake. After lunch, this tour sets you off to the beautiful twin lake nestled on plateau area at Buyan and Tamblingan Lake, the natural beauties of the lake surely is a perfect spot for your Instagram feeds! Afterward, if you still have enough stamina for today, the tour continues to North Bali's magical waterfalls: Sekumpul or Banyumala. Sekumpul Waterfall is one of seven Bali's hidden waterfall with the most scenic natural attractions. To get there, you must trek through a heavy track where along the way is the most incredible rice field views. As for Banyumala Waterfall, this place is perfect for you to dip in since the depth of the pool can be up to 2 meters and the diameter is about 20 meters. While swimming, you can even look at the base of

the lake due to the clean water!

Meals included: Breakfast, Lunch, and Dinner

#### **DAY 4: CANGGU - SEMINYAK**

Start your morning with a selection of yoga & meditation class before having fun to explore the best beach or pool clubs in Canggu and Seminyak! There you can do anything you want – enjoy cocktails, swim, and splash! You may pamper yourself after the joy at the best spa & massage treatment in Canggu or Seminyak to rejuvenate your body and mind. Then, savor a delicious seafood dinner in Jimbaran Bay to close your fun-perfect day.

Meals included: Breakfast, Lunch, and Dinner

#### DAY 5 : CANGGU - NUSA PENIDA - UBUD

End your day in Canggu after breakfast, then promptly transfer to Sanur harbor and the hidden gem Nusa Penida Island. An unforgettable scenic view of the island is just a beginning. Here you may spot Manta Rays cruise to the coast of Angel Billabong, relish an incredible little cove at Broken Beach, snorkel over crystal water at Crystal Bay, and trek to T-Rex cliff at Kelingking Beach. The cliff has a Tyrannosaurus Rex shape – an exceptional blue Hindia Ocean and the entire view of the island are ready to unwind at the top of the T-Rex. After a day of adventure in Nusa Penida, you will be back to Sanur and transfer to Ubud – a cultural and art capital of Bali.

Meals included: Breakfast, Lunch, and Dinner

#### DAY 6: UBUD

Today, the trip demands you to be fully energetic as you will experience the Ayung River Rafting. Feel the sensation of your adrenaline rush when the boat rafting through cascades and boulders. Once in a while, enjoy the fresh air and scenic view around you as there is a grove of trees in the riverside. Then, start your engines and get ready to embark on a journey into the jungle to experience Bali's first and only 'purpose-built ATV track.' This thrilling new course, spanning 4.5km over each lap, was crafted with the hardiest adventure seekers in mind to provide an exciting and intense driving experience like no other on the island. If you are someone who is into bike riding, instead of rafting and ATV riding, you can go off 'the beaten path' by a fantastic bike ride through farms, lush vegetation, neighborhoods, and rice fields from Kintamani to Ubud. After lunch, feel your adrenaline rushed by swinging on the edge of the scenic cliff at Bali Swing or Zen Hideaway. You will then back to the hotel for a short break and dinner before watching the fantastic Bali traditional dance performance – Barong and Legong in Ubud Palace.

Meals included: Breakfast, Lunch, and Dinner

#### DAY 7: UBUD - KINTAMANI - CANDIDASA

Start your seventh-day tour with a morning drive to see the famous lava sunrise landscape in Mount Batur. You'll rise before dawn and be picked up from your hotel around 02:00 or 02:30 to the

base of Mount Batur and begin your sunrise ascent of Bali's most famous active volcano. Then, enjoy a long soak in a natural hot spring with expansive views over Lake Batur. Your tour continues to one of Bali's oldest and most highly regarded temples - Pura Lempuyang Luhur. This is a complex of temples which famous for the 'gateway to heaven' that reveals Mount Agung framed within its sides. Afterward, if still have time your journey heads out to Besakih, commonly known as the 'Mother Temple' of Bali. Located on the western slopes of Bali's tallest volcano, Mount Agung (2,567 meters), Besakih is the largest and most revered temple on the island. The Balinese regularly visit this sacred site for special ceremonies.

Meals included: Breakfast, Lunch, and Dinner

#### **DAY 8: DEPARTURE**

At the end of your tour in Bali, this trip takes you to the most beautiful scenes of rice paddies at Tegallalang Rice Terrace. The dramatic view of the rice fields is incredible for Instagram pictures! You will then set off to the sacred Monkey Forest, a sanctuary in Bali where you can spot the Balinese long-tailed monkey known scientifically as 'Macaque', Elephant Temple that locally known as Goa Gajah, and then head out to one of the most scenic temples in Bali – Saraswati Temple. Afterward, you may spend the rest of the day at leisure before we transfer you out to the airport. It is time to say goodbye – We hope your journey with us is creating unforgettable memories, and we will be glad to see you again in another remarkable place in Indonesia!

Meals included: Breakfast & Lunch

### **TERMS & CONDITIONS**

#### **TOUR INCLUDE**

- Accommodation with daily breakfast at selected hotels.
- Meals as mentioned in the itinerary, except for alcoholic drinks.
- Private tours, transfers, and all services as mentioned in the itinerary.
- Service of a private driver and air-conditioned vehicles.
- Entrance fees for all the mentioned sights.
- Professional English speaking guides.
- Personal travel insurance (domestic insurance).
- · Professional english speaking guides.
- Service charges and government VAT tax.

#### **TOUR EXCLUDE**

- International airfares to and from our start and end points + departure taxes if applicable (Notes: The price of this tour does not include any international airfares to and from our start and end points; however, our reservations specialists are more than happy to help arrange international flights on your behalf and advise on scheduling. We book hundreds of flights each year on behalf of our guests, and we know the best routes to take to ensure you arrive on time. We only book with IATA-approved airlines that have met with international standards of safety and dependability).
- Personal expenses (mini bar, laundry, room services, additional food & drink at the hotel/ restaurant, etc).
- Early check-in and late check-out at hotels.
- · Visa fees.
- Tipping to guides and drivers (Notes: on the final day of your tour, you will have an opportunity to contribute in giving tip fund discretionarily. We believe that between US\$ 5-10 per day is an appropriate amount. However, this is just a suggestion and remains entirely up to the judgment and discretion of the guests. We do ask that you kindly refrain from offering tips to guides or drivers at any time, except during cases of exceptional service, when it should be arranged through the office. Tipping of your travel specialists for their hard work is also welcome, and is at your discretion).

#### WHAT TO BRING

- Clothing The tropical climate means you can safely leave all of your warm weather gear at home. Bring cool cottons, T-shirts and shorts. Likewise, a lightweight fleece could be useful for pre-dawn trekking or if there is a cool wind on the mountain even if you don't need it, it will be useful for the plane. Adventure Archipelago is respectful of the local cultures and customs; bring clothes that cover your shoulders and knees for village or temples visits. Finally, you might want to bring at least one smart-casual outfit for sunset cocktails and evening meals. Ladies: beach throw-overs, kaftans and sarongs are always useful; choose fabrics that dry easily. Also, bring a lightweight sundress or two several destinations offers a great setting for a photo shoot, live it up.
- Bags A day backpack is essential on day hikes to carry things such as your water bottle, camera, binoculars, and rain jacket. A waterproof wet/dry bag is a good idea for your phone, camera, etc.
- Footwear Pack comfortable trainers, trekking sandals, sturdy walking shoes or hiking boots
  for hikes and walks. Bring socks to wear inside your walking shoes to avoid getting blisters.
  Many travellers appreciate the added stability of a walking stick or hiking pole; lightweight

telescopic poles are easy to pack. You might also want waterproof sandals or reef shoes for wet landings and water activities. Flip-flops are great for the beach. Note: Standard practice is to go barefoot on the boat.

- Sun Protection You'll be spending plenty of time out in the scorching tropical sun, so be sure to pack sunscreen with a high enough SPF to protect your skin from the sun's damaging rays, which are stronger in the water, and some sun-protective clothing as well. Cover-ups, sarongs, sun shirts, and other such clothing will ensure that you come back from your trip with just happy memories and photographs and not sunburn. A good hat is essential; a wide brimmed hat or cap will keep the strong equatorial sun off your face and neck. Sunglasses keep your eyes protected and add a little glam to your photos. A strap to hold your glasses can be a good idea on more active adventures. Just in case you fail to avoid getting sunburnt, bring an aloe-based lotion to soothe burned skin.
- **Swimwear** Don't forget your swimsuit/bikini/shorts/trunks/Speedos —and preferably more than just one swimsuit, so that one or two can be drying while you are wearing another. Luckily, swimsuits and/or swim trunks don't take up too much space in your luggage. The water is warm but a rash guard (or a wetsuit) will protect you from the sun, abrasions and stings.
- Skin & Hair Protection Ladies, it's important that you take good care of your skin and hair. The sun, seawater and salty air may be beautiful to experience but it can be tough on your body and will wreak havoc on your locks. Bring moisturising lotion to soothe skin parched by the sun and the saltwater; bring a leave-in conditioner to de-tangle your hair with ease because the water, mask, and hair-ties will leave it in knots. Also consider bringing a scarf or headband to hold back unruly hair, or hair-ties/pins to keep your hair off your face and therefore prevent water seeping into your mask.
- Camera Equipment If you are photo enthusiast bring all of the camera and video equipment
  that you will use as you can expect exceptional opportunities for photography. If you prefer the
  ease of a point & shoot, bring that. If you want to take underwater photos you might want to
  invest in a waterproof camera/GoPro or waterproof housing to capture photos of the incredible
  marine life. It's also a good idea to bring a spare memory card.

For further information, you can contact us:

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